



Tower Hamlets GP Care Group CIC  
1<sup>st</sup> Floor, Beaumont House  
Mile End Hospital  
Bancroft Road  
London E1 4DG

Re: School health screenings and questionnaire

Tel: 0204 551 1414

Dear Parent

We would like to introduce ourselves as your school health team. We work across education and health with the aim of improving the health and wellbeing of children and young people. Poor health is known to impact greatly on a child's education and future outcomes.

As your child is now in Reception, we would like to find out if there are any areas of their health and well being which we could support them with. Please find below a link which will take you to our parent portal, once signed up you will have access to a health assessment questionnaire which we would like you to complete.

It's important that once signed up, you keep hold of your Username and password. The parent portal will be used to share information with you regarding your child's health and wellbeing, as well as the results from any health screening.

The school health team will carry out a vision and hearing test during your child's first year at school, as well as measuring them for the National Child Measurement Programme (NCMP). Please click the links below to read more about these programmes in the parent portal and opt out if you wish.

**Health Questionnaire and vision/hearing screening information**

<https://app.schoolscreener.com/Portal/#/Towerhamlets/p/THh100/100897>

**National child measurement programme information and opt out form**

<https://app.schoolscreener.com/Portal/#/Towerhamlets/p/hTH129/100897>

**(please note, the portal does not work with internet explorer)**

Your School health team is made up of qualified School nurses, registered staff nurses, nursery nurses and support workers. We are here to support you with a wide range of subjects such as:

- Worries about yourself or other family members which may impact your school aged child
- Healthy lifestyle
- Body changes and puberty
- Information about other services
- Immunisations
- Support with mental and emotional health and wellbeing
- Stress at home or at school, including bullying
- Poor sleeping patterns
- Behavioural problems
- Parenting support
- Bedwetting/Soiling

Other services and support from the school health team includes:

- Hearing and vision testing
- Weighing and measuring in reception and year 6, as part of the National Child Measurement Programme
- Referrals to other health professionals and services
- Support for education staff when a child has a health condition
- Support for pupils with long term health conditions and/or disabilities such as asthma, diabetes or epilepsy. We support schools to keep children with medical conditions safe, well and involved while at school.
- [ChatHealth](#) which is a confidential messaging service for young people aged 11-19 to get advice and support about health-related issues. Available Monday to Friday from 9am to 4pm. Click on the link below to find out more. [School Health & Wellbeing ChatHealth \(gpcaregroup.org\)](#)

Any information you give us is treated confidentially and is held securely. The information is used to plan and provide care and support for your child and will not be shared with the school or other children. If you do not wish to share any information with us, please let us know by using the opt out form, this opt out ensures that we do not see your child for screening and any information will not be shared or used with other services.

All information held by the School Health team will only be shared with your consent or where there is another legal basis for sharing. More information is available in the Privacy Notice which can be accessed via the THGPGC website ([www.gpcaregroup.org](http://www.gpcaregroup.org)).

Yours sincerely

The school health team.