

**PE  
Vision**

Our PE curriculum promotes physical confidence and good levels of fitness in all our children. It also provides opportunities for them to develop expertise and excel in different sports. We want children to have good control over their bodies and understand how to stay healthy. We also promote the link between physical and mental wellbeing – being active is one of our five ways to improve wellbeing. We see learning to compete and being good sports people as central to our PE curriculum; children are regularly involved in competitions and taught how to cope with the ups and downs of competitive sport.

**Knowledge and Skills Progression**

The progression in PE skills starts in the EYFS as *Physical Development* and *Expressive Arts & Design* with children developing fine and gross motor skills to move, negotiate space and explore equipment. Children are learning to challenge themselves physically and enjoy moving in different ways. Children are exploring imaginatively to rhythm or music.

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Y e a r 1</b>	<b>Ready Steady Go</b> Games- Football Dance - Unit 1	<b>In the Dark</b> Gym- Unit D Dance - Unit 2	<b>Home Sweet Home</b> Dance- Unit 3 Games- Tennis	<b>Dressing Up</b> Gym- Unit E Games- Handball	<b>The Garden</b> Dance- Unit 4 Gym - Unit F	<b>Once Upon a Time</b> Gym- Unit G Games- Hockey Russell
<b>Y e a r 2</b>	<b>Wheels</b> Games- Russell Hockey Dance - Unit 1	<b>Fire! Fire!</b> Gym-Unit H Games-Tennis	<b>Music Maker</b> Dance- Unit 2 Gym - Unit I	<b>Animal Adventure</b> Dance- Unit 3 Games- Football	<b>Habitats</b> Gym-Unit J Dance – Unit 4	<b>Sowing Seeds</b> Gym - Unit K Games- Handball
<b>Y e a r 3</b>	<b>Lights and Lanterns</b> Dance- Unit 2 Gym – Unit L	<b>Active Planet</b> Gym- Unit M Games- Football	<b>We Are What We Eat</b> Gym- Unit N Games - Handball	<b>The River Nile</b> Dance- Unit 3 Games- Russell Hockey	<b>Where in the World?</b> Dance- Unit 4 Games- Tennis	<b>Going Green</b> Gym- Unit O Dance - Y4 Unit 1

Y e a r 4	<b>The Romans</b> Games – Tennis Dance- Unit 4	<b>Explorers</b> Dance- Unit 3 Games – Handball	<b>Weather Report</b> Gym- Unit P- Games - Football	<b>Chocolate</b> Gym- Unit Q Swimming	<b>Getting the Message</b> Games- Russell Hockey Gym- Unit R	<b>Robots</b> Gym - Unit S Dance- Unit 2
Y e a r 5	<b>Victorians – Invention</b> Dance Unit 1 Games- Handball	<b>Victorians -Street Child</b> Games- Russell Hockey GYM - Unit T	<b>Potions and Poisons</b> Dance- Unit 2 Gym- Unit U	<b>Out of this World</b> Games- Football Dance - Unit 3	<b>Battle for the Kingdom</b> Swimming Gym- Unit V	<b>Predator and Prey</b> Dance- Unit 4 Games- Tennis
Y e a r 6	<b>Belonging</b> Games- Tennis	<b>WW2 The Home Front</b> Dance- Unit 1  Swimming	<b>WW2 Refugee</b> Games- Russell Hockey	<b>Odysseus</b> Gym- Unit X	<b>Odysseus</b> Games- Football	<b>Identity</b> Games- Handball